CONTENTS

PART ONE POETRY AND ITS CREATION

| Section One. The Sources of Poetry | |
|--|-----|
| Poetic Creation | 5 |
| Sources of Inspiration | 14 |
| Overhead Poetry | 20 |
| Examples of Overhead Poetry | 50 |
| Section Two. The Poetry of the Spirit | |
| Psychic, Mystic and Spiritual Poetry | 83 |
| Poet, Yogi, Rishi, Prophet, Genius | 102 |
| The Poet and the Poem | 106 |
| Section Three. Poetic Technique | |
| Technique, Inspiration, Artistry | 117 |
| Rhythm | 124 |
| English Metres | 128 |
| Greek and Latin Classical Metres | 137 |
| Quantitative Metre in English and Bengali | 141 |
| Metrical Experiments in Bengali | 145 |
| Rhyme | 155 |
| English Poetic Forms | 157 |
| Substance, Style, Diction | 164 |
| Grades of Perfection in Poetic Style | 185 |
| Examples of Grades of Perfection in Poetic Style | 188 |
| Section Four. Translation | |
| Translation: Theory | 199 |
| Translation: Practice | 201 |

CONTENTS

PART TWO ON HIS OWN AND OTHERS' POETRY

| Section One. On His Poetry and Poetic Method | |
|--|-----|
| Inspiration, Effort, Development | 211 |
| Early Poetic Influences | 219 |
| On Early Translations and Poems | 223 |
| On Poems Published in Ahana and Other Poems | 227 |
| Metrical Experiments | 231 |
| On Some Poems Written during the 1930s | 239 |
| On Savitri | 261 |
| Comments on Some Remarks by a Critic | 332 |
| On the Publication of His Poetry | 359 |
| Section Two. On Poets and Poetry | |
| Great Poets of the World | 367 |
| Remarks on Individual Poets | 372 |
| Comments on Some Examples of Western | |
| Poetry (up to 1900) | 387 |
| Twentieth-Century Poetry | 412 |
| Comments on Examples of Twentieth-Century Poetry | 430 |
| Indian Poetry in English | 442 |
| Poets of the Ashram | 453 |
| Comments on the Work of Poets of the Ashram | 467 |
| Philosophers, Intellectuals, Novelists and Musicians | 519 |
| Comments on Some Passages of Prose | 554 |
| Section Three. Practical Guidance for Aspiring Writers | |
| Guidance in Writing Poetry | 567 |
| Guidance in Writing Prose | 627 |
| Remarks on English Pronunciation | 629 |
| Remarks on English Usage | 640 |
| Remarks on Bengali Usage | 656 |

CONTENTS

PART THREE LITERATURE, ART, BEAUTY AND YOGA

| Section One. Appreciation of Poetry and the Arts | |
|---|-----|
| Appreciation of Poetry | 663 |
| Appreciation of the Arts in General | 675 |
| Comparison of the Arts | 678 |
| Appreciation of Music | 682 |
| Section Two. On the Visual Arts | |
| General Remarks on the Visual Arts | 685 |
| Problems of the Painter | 687 |
| Painting in the Ashram | 692 |
| Section Three. Beauty and Its Appreciation | |
| General Remarks on Beauty | 699 |
| Appreciation of Beauty | 705 |
| Section Four. Literature, Art, Music and the Practice of Yoga | |
| Literature and Yoga | 711 |
| Painting, Music, Dance and Yoga | 733 |
| APPENDIXES | |
| Appendix I. The Problem of the Hexameter | 743 |
| Appendix II. An Answer to a Criticism | 745 |
| Appendix III. Remarks on a Review | 749 |
| NOTE ON THE TEXTS | 759 |